



The mission of Carp Ridge EcoWellness Centre is to teach, model and facilitate healing and sustainability, with emphasis on our local community. www.ecowellness.com

Sustainability
Healing
Learning
Community

The Carp Ridge EcoWellness Centre is home to a unique family of services including our Natural Health Clinic, Learning Centre, Healing House Canada & the Carp Ridge Healing House.



People work with us from all over North America to benefit from our holistic programs -- including the resolution of cancer and other chronic illnesses.

Katherine Willow ND, Director

The professionals at the **Carp Ridge Natural Health Clinic** specialize in natural medicine, bodywork, emotional work,



nutrition, yoga and much more. We offer individualized treatment

regimes for all conditions using a unique team-based approach to healing.

www.crnhc.com
613.839.1198

Upcoming workshops

- Non Violent Communication, Jan 14
- Intro to German New Medicine, Jan 20
- Girl's Visualization/Meditation, Jan 22
- Families in Nature, Feb 1
- Smoking Cessation, Feb 11
- Youth Leadership Weekend, Feb 13-15
- Girl's Visualization/Meditation, Feb 22

www.carpridgelearningcentre.com
613.839.1179

BOOK YOUR WELLNESS DAY TODAY!



- ✿ PROVIDE YOUR STAFF WITH A RELAXING MEETING PLACE.
- ✿ CREATE A CUSTOM RETREAT.

✿ ENJOY A THERAPEUTIC DAY OF HEALTHY EATING, MASSAGE, SAUNA AND OTHER SERVICES AT OUR PROFESSIONALLY STAFFED ECOWELLNESS CENTRE.



programs@ecowellness.com 613.839.1179 www.carpridgelearningcentre.com

Healing House Host Training Program

Healing Houses are individually owned & operated, professionally supported places of healing. We offer a professional training program for you to become a fully trained and supported **Healing House Host**.



HEALING HOUSE CANADA

www.healinghousecanada.com 613.839.3598

The **Carp Ridge Healing House** is a fully staffed facility located within the **EcoWellness Centre**. You can come here for a retreat, to heal, rejuvenate, recover from illness or even to die peacefully.

The Carp Ridge Healing House



Tour our facility and let us show you how we provide holistic individualized home-based care.

Next Public Open House Dates:
Sat, Jan 17, 1-3 pm -- Special topic -- The Four Pillars of Health with Rebecca Word ND
Sat, Feb 21, 1-3 pm -- Special topic -- Natural Solutions for Depression with Katherine Willow ND